Dementia 3 & Meds Management
Target Mini Collaborative
5th Dec 2012
National Dementia Vision for Wales (2011)

“The Welsh Assembly Government has made a commitment to make immediate improvements to dementia services in Wales by taking forward the priority actions that have been identified and delivering the following commitments”

1. Our Commitment...to improve services by:
   - employing dementia clinical co-ordinators to support those diagnosed with dementia;
   - creating a new young onset dementia service for Wales;
   - progressing our high level national dementia targets.

2. Our Commitment...to improve information by:
   - developing information packs for those diagnosed with dementia;
   - creating a dedicated dementia information helpline for Wales;
   - extending the Welsh Assembly Government’s Book Prescription Scheme to include dementia care.

3. Our Commitment...to raise awareness by:
   - including dementia in other Welsh Assembly Government health campaigns;
   - ensuring that dementia issues are communicated to health colleagues in other disciplines through networks and bulletins;
   - updating appropriate voluntary organisations funded by the Welsh Assembly on dementia issues.

4. Our Commitment...to improve training by:
   - developing training packages to be delivered to health and social care professionals and local authorities on dementia;
   - creating training packages (learning resources) to support carers;
   - providing additional training to Community Advice Listening Line staff.

5. Our Commitment...to support research by:
   - recognising the importance of dementia research and continuing to support research into dementia cause, cure and care;
   - offering funding opportunities to researchers wishing to undertake dementia research.

6. Our Commitment...to work towards our long term vision by:
   - establishing a high level dementia group to drive change in dementia services;
   - improving care to those with a dementia on general wards;
   - ensuring that bilingual provision of services for those diagnosed with dementia is planned for.
Welsh Gov Strategy

Together for Mental Health
A Strategy for Mental Health and Wellbeing in Wales
Dementia Target & sites

1) Making and sharing the diagnosis
   reduce time between onset of symptoms & diagnosis being communicated

2) Dementia in the general hospital
   Improved quality of general hospital care for people with dementia and reduced length of stay

3) **Use of anti-psychotics**
   Reduced inappropriate use of anti-psychotic medications in accordance with NICE/SCIE guidelines.

4) Support for care-givers
   Improved support for care givers

5) NHS in-patient care (mental health units)
   Improved quality of care
Model for Improvement

What are we trying to accomplish?

How will we know that a change is an improvement?

What change can we make that will result in improvement?

ACT

PLAN

STUDY

DO

ACT

PLAN

STUDY

DO
Repeated use of the PDSA Cycle

Hunches, theories, best practices

Very small scale test (but with HUGE potential!!!)

Follow-up tests

Wide-scale tests of change

Implementation of change

Changes that result in improvement

Sequential building of knowledge under a wide range of conditions

1000 Lives Plus
Collaborative Improvement Model

Repeated improvement cycles:
planning → testing → evaluation → sharing → implementing

Planning → Learning session 1 → Learning session 2 → Learning session 3

Support systems:
1000 lives support team
Interactive learning sessions
Inter-clinic communication (e.g. monthly meetings)
Continuous feedback (sharing data)
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• Rhyngrwyd/Internet:
  www.iechydcyhoedduscymru.wales.nhs.uk
  www.publichealthwales.org

• Mewnrwyd/Intranet:
  nww.publichealthwales.wales.nhs.uk

• Twitter: www.twitter.com/1000livesplus
Workshop Overview

Mountains Care Home, Brecon, Making it Happen
This workshop will share the approach and interventions Mountains Nursing Home have successfully used to reduce the inappropriate prescribing of antipsychotics for residents with dementia; inviting others to share their successes too.

Understanding Behaviour that Challenges
This workshop will present the approach to challenging behaviour set out in the NICE-SCIE Guidelines, which emphasise a wide-ranging holistic assessment, and the use of behavioural and functional analysis. Participants will be introduced to a newly available on-line interactive training resource, which systematically teaches the skills required in developing a care plan to assist in reducing distress experienced by people with dementia and their care-givers in a care home context.

Responding to challenging behaviour – an individualised approach
Mike will attempt to illustrate the complexity of this area, including why the prevailing model - explicitly or implicitly regarding the behaviour as the syndrome to be treated by standardised psychosocial or pharmacological means - is insufficient and in some ways pernicious. He will use cases from his clinical experience to show the individuality of each case, the consequent need to go in with a battery of questions rather than standard answers, and to closely engage with and support family carers and, in particular, residential care staff - who tend to be most exposed to the more difficult behaviours.

Dementia awareness training resources –
This aim of this workshop is to provide a brief overview of some dementia training resources currently available across Wales. It will detail current dementia training provision to the care home sector within ABMU Health Board / BCBC Local Authority.

P.A.I.D. to Decode – the ABCDecode of BPSD
Alison will introduce aspects of what behaviour & consequences, aspects of short-term memory loss, reframing dementia as a disability, how we don't chose nursing home for the company of other resident - and what a GP may offer in terms of analysing & treating behavioural problems.
PAID: Physical causes, Activity Related, Intrinsic to Dementia and Depression delusion etc., and the Antecedents, Behaviour, Consequences & Decode.
Also included will be limited use of Risperidone and the lack of pain relief for elderly patients and some of the difficulties about EOL - end of life issues & prognostication.

6.A David Sheard workshop (morning only)
http://www.dementiacarematters.com/

6.B Sonas: Activating the Potential to Communicate (afternoon only)
Sonas is a therapeutic communication activity and focuses on stimulation of the senses. The aim is to activate each participant’s potential for communication and expression. The approach incorporates sensory, social and cognitive stimulation and can be delivered either individually or within a group. The group sessions involve stimulation of all five senses, physical exercises, sing-alongs and time for personal contribution. The workshop aims to give an overview and understanding of Sonas and how it is delivered within a hospital setting for older people with dementia.