May 2017

1000 Lives Improvement Workshops and National Conference - Celtic Manor, Newport, 28-29 March

In late March, 1000 Lives Improvement hosted a day of workshops followed by the National Conference, with nearly 500 delegates attending across the two days to focus on improving outcomes for people using services in Wales.

Read our updated brochure for more information about our work and priorities – online now

bit.ly/1000LivesBrochure
1000 Lives Improvement National Conference

Over 200 delegates attended 1000 Lives Improvement’s National Conference on 29 March, to collaborate and share best practice around integrated care and connections.

Professor Sir Mansel Aylward, Chair of Public Health Wales and Deputy Chair Professor Simon Smail opened the day. Dr Aidan Fowler, Director of 1000 Lives Improvement followed, speaking to delegates about patient safety, the benefits of being part of the Q Community and opportunities coming up to those in Wales to join (more on page 4).

Dr Nick Goodwin, Co-founder and CEO of the International Foundation for Integrated Care, gave a keynote presentation on the opportunities presented by integrated care. Speaking about the day Dr Goodwin said: “I think what I’ve taken away from this conference is a lot of encouragement, that there are individuals and organisations within Wales and elsewhere, who are really thinking differently - innovatively – about how to tackle today’s problems in a different way.”

Janet Davies, Head of Healthcare Quality in Welsh Government, led a discussion with Cardiff and the Vale University Health Board, Welsh Ambulance Services NHS Trust and Powys Health Board about work they have done to improve connections and prevent harm.

Dr Tracey Cooper, Chief Executive of Public Health Wales introduced a discussion on Buurtzorg nurse-led care, where Brendan Martin from Public World talked about the key challenges of implementing a nurse led system in the UK and Buurtzorg nurse, Nanda Janssen, answered questions from the audience.

The conference included a ‘marketplace’ of shared Health Board improvement projects and facilitated valuable connections between delegates. The day concluded with a panel discussion chaired by Richard Taunt, Director of UK Improvement Alliance, which generated interesting conversations around working with the third sector, peer to peer learning, integration and improvement.

Reflecting on the day and talking about the next steps for delegates, Professor Sir Mansel Aylward, said: “There’s only one way in which we can work towards ensuring that we do develop an integrated care model for Wales which is focussed on the community – and that’s ensuring that the people go out of here today enthused, and motivated to deliver. Not on their own but with connections and partners. To take the learning, knowledge and commitment they’ve seen here today, with the values and principles of Prudent Healthcare and disseminate them, go forth and just do it!”

In his closing address, NHS Wales chief executive Dr Andrew Goodall recognised the contribution of 1000 Lives Improvement to improving healthcare in NHS Wales, and thanked delegates for taking part and making the day such a success.

Watch the highlights of the day here. https://youtu.be/N2H_HJt0fkk
1000 Lives Improvement Network workshops

On March 28, nearly 300 delegates from within NHS Wales attended a series of organised 1000 Lives Improvement Network themed workshops. These provided colleagues with the opportunity to participate in their existing communities of practice or professional networks ahead of the National Conference (29 March).

Supporting NHS Wales Awards Finalists – the workshop aimed to help finalists sustain and spread good practice across their departments and NHS Wales. Delegates worked together to explore common challenges faced in implementing and sharing their good work and identified what support they need going forward.

Prudent Healthcare: Falls Prevention for Older People – the event brought together colleagues from health and housing, 3rd sector, older people, service users and their carers with a falls prevention focus. Delegates were able to share and learn what is being done to prevent falls, promote good practice and form valuable links.

Safety and Quality in Primary Care – the workshop provided an opportunity to learn about and shape future national work aimed at improving safety in primary care in Wales. Discussions included reducing falls, reducing medicines related admissions to hospital, anticoagulants and the development of a ‘primary care Wales trigger tool’.

National Safety Standards for Invasive Procedures (NatSSIPs) – the event helped support the implementation of the standards, share learning and provided an opportunity to discuss with a panel of experts.

Rapid Response to Acute Illness Learning Set (RRAILS) Study Day - the day helped share the current work in NHS Wales on reducing harm and death from sepsis and Acute Kidney Injury (AKI). Attendees were able to discuss and share their current progress with RRAILS work as well as hear firsthand about patient experience.

Safer Pregnancy Wales campaign

Professor Jean White, Chief Nursing Officer for Wales, launched the campaign that aims to highlight the importance of keeping safe and healthy during pregnancy to reduce the risk of stillbirth. The campaign encourages healthcare professionals to start the conversation with patients and explain what they can do to keep safe. There are several elements to the campaign including materials for professionals to use to improve accuracy on GROW charts and branded folders for every expectant mother in Wales.

Vaughan Gething, Cabinet Secretary for Health, Well-being and Sport showed his support at the launch saying: “Supporting families in pregnancy and into parenthood are important to the future wellbeing of our children and we must work together to achieve this.”

The campaign and its messages will be promoted at key points throughout the coming year. If you would like to spread the messaging at an upcoming event please contact Kathy Greaves.
Opportunities to join the Q Community are open in Wales

Q is an initiative connecting people who have health and care improvement expertise across the UK, led by the Health Foundation and supported by 1000 Lives Improvement.

The community is made up of a diverse range of people including those at the front line of health and social care, patient leaders, managers, commissioners, researchers, policymakers, and others.

Not sure if Q will be for you? Read our blog from Q member Ruth Jordan, Head of Continuous Service Improvement, Cardiff and Vale UHB and take a look at the decision guide and interactive tool.

For more information click here. Apply online until 12 June.

NHS Wales Awards 2017 Finalists Announced

Falls prevention, improving clinical outcomes for patients and managing antibiotics wisely are just some of the projects which have made the finals of the NHS Wales Awards, which is celebrating its 10th anniversary this year.

Six health boards, one trust and two universities have made the shortlist for this year’s awards with new and creative projects that are transforming healthcare services for patients across Wales. A number of multi-agency projects have also been selected as finalists showing how much partnership working is taking place across Wales to improve services.

The winners will be announced in a ceremony on 21 September 2017 in Cardiff.

NHS Wales Awards 2016 spotlight: Cardiff & Vale UHB and Welsh Ambulance Services Trust

Cardiff and Vale University Health Board and Welsh Ambulance Services Trust won the Working Seamlessly Across Organisations Award at the 2016 NHS Wales Awards for collaboration between health, third sector and local authority agencies to reduce demand on emergency services.

Click here to find out more about this project
Royal College of Midwives’ ‘Midwife of the Year’

In March, bereavement midwife Laura Wyatt was announced as the “Emma’s Diary Mums’ Midwife of the Year 2017” at The Royal College of Midwives Annual Midwifery Awards.

Nominated by mother Jody Vaughan, who sadly lost her baby in 2015, Laura went on to provide support through an anxious second pregnancy. Laura wasn’t a bereavement midwife at the time but has since been appointed to the role at the University Hospital of Wales.

Laura said: “I’m overwhelmed at winning the regional let alone national award and thankful to Jody for nominating me. I’m an active member of the Wales Maternity Network and will continue to share my skills to help develop other bereavement midwives”. Congratulations to Laura.

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HealthWise Wales

HealthWise Wales hopes to involve everyone in improving the health and wellbeing of the population. Recruiting members of the public to answer questions online, the research will be used to shape policy to improve health and social services, lead to better treatments, and increase health and wellbeing for the people of Wales. They need as many people as possible to take part – whatever the age, location or if they are healthy or unwell. Please share this link and take part.

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Patient Safety Congress 4-5 July Manchester

1000 Lives Improvement will be exhibiting at the Patient Safety Congress 2017 with this year’s theme of “At a time of rapid change, keep safety and quality a central focus”.

1000 Lives Improvement will also be delivering presentations on sepsis prevention, AKI and the work of the OBS Cymru project in reducing harm in maternity care.

Read the full programme Find out more about the conference here.

Our website provides details of all our current programme areas. These can be found at www.1000livesi.wales.nhs.uk

Click here to see our Youtube Channel Follow @1000LivesWales on Twitter 1000 Lives Student and Educator Community
The International Forum on Quality and Safety in Healthcare 2017

On 26-28 April, NHS Wales delivered a successful IHI/BMJ International Quality Forum – one of the largest quality Improvement conferences internationally, attracting 3000 delegates over three days.

Delivered jointly by 1000 Lives Improvement and the Wales Deanery, and supported by Welsh Government, the event involved an NHS Wales session to introduce UK and international leaders and experts in quality improvement and patient safety to the NHS Wales approach to improving patient care, and to leave them with a clear understanding of Wales’ contribution to the QI movement. The session focussed on sharing examples of NHS Wales’ integrated networks and programmes; including Improving health and reducing inequalities, offering a unique system for delivering quality improvement in medical and dental education and improving health and wellbeing for patients through co-production and self management.

Our conference programme was packed from beginning to end. Our NHS Wales session attracted 190 visitors from 21 visiting countries, we had 6 NHS Wales speakers on the conference programme, and 8 NHS Wales posters were presented.

Close to 70,000 people connected with us over Twitter – you can follow the conversation at @1000LivesWales.

Next year’s event will take place on 2-4 May in Amsterdam. For details, visit http://internationalforum.bmj.com/

Rapid Diagnostic Clinic/Pathway

Following a fact-finding visit to Denmark in 2016 by a small delegation of Welsh clinicians, Officials and 1000 Lives Improvement staff, ABMU and Cwm Taf Health Boards were among those who saw how the Danish health service had improved its cancer survival rates.

Over the past year the 1000 Lives Improvement’s Cancer Improvement Team has been working alongside Cwm Taf and ABMU Health Boards to support the development of ‘Rapid Diagnostic Centres/Pathways’ pilot which were observed in Denmark. BBC Wales have featured the planned pilot projects which are due to ‘go live’ in the summer. Read more here.

Upcoming Events

- **Improving Mouth Care for Older People** - 9 June, Marriott Hotel, Cardiff
- **Together for Children and Young People Annual Conference** - 15 June, All Nations Centre, Cardiff
- **International Mental Health Congress** - 18-19 July, All Nations Centre, Cardiff

Visit our regularly updated events page for more on 1000 Lives Improvement’s upcoming events

1000 Lives Improvement is the national improvement service for NHS Wales delivered by Public Health Wales. Our aim is to support the NHS to improve outcomes for people using services in Wales.

Our website provides details of all our current programme areas. These can be found at www.1000livesi.wales.nhs.uk

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